



CATALYST

Somers Heath

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Friday 26th September 2025

Harvest Festival 2025

Dear Parents and Carers,

As with previous years, we have chosen to support the Thurrock Food Bank who provide three days' nutritionally balanced emergency food to support to local people who are referred to them in crisis. The Thurrock Food Bank is part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK. supported by The Trussell Trust, working to combat poverty and hunger across the UK.

There are 10 Foodbank Centres in Thurrock. Our local Foodbank is located at All Saints Church and is open every Thursday from 11am until 1pm and Saturday from 10am until 12pm.

So that we donate essential items which will help, could we please ask for donations of the following goods only and ask that you ensure all goods are in date.

<i>Baby food</i>	<i>Microwaveable puddings</i>	<i>Tinned meat and fish</i>
<i>Biscuits</i>	<i>Pasta sauces</i>	<i>Tinned puddings</i>
<i>Cereals</i>	<i>Rice</i>	<i>Tinned soup</i>
<i>Dried pasta</i>	<i>Shower gel</i>	<i>Tinned vegetables</i>
<i>Instant coffee</i>	<i>Snack bars</i>	<i>Toiletries</i>
<i>Long life milk</i>	<i>Tea bags</i>	<i>Toilet rolls</i>
<i>Long life fruit juice</i>	<i>Tinned fruit</i>	<i>Vegetarian options</i>

Unfortunately, the food bank is not able to store fresh or chilled items. Please send any donations into school with the children as the items will be collected from classrooms. Children should bring all donations from Monday 6th October until Friday 10th October.

Many thanks in advance for your generosity.

Mrs Nye

Deputy Headteacher

